Celtic Blessing

May the God of Gentleness be with you, Caressing you with sunlight and rain and wind.

May His tenderness shine through you to warm All those who are hurt and lonely.

May the Blessing of Gentleness be upon you.

May the God of Strength be with you, Holding you in strong-fingered hands: And may you be a sacrament of His strength To those whose hands you hold.

May the Blessing of Strength be upon you.

May the God of Peace be with you,

Taking away your fears and doubts and

May the mantle of Your peace cover those who are troubled

and anxious.

May the Blessing of Peace be upon you,
The guarding of the God of Life be on you,
The guarding of the Holy Spirit be on you to aid
And uphold you each day and night of your lives.